

## Forming Habits Of Business Success

**Business Success can be made or broken by the habits you form. Our habits have great influence on our success in life. They can be major obstacles to becoming successful or the foundation of your successes. Most everything you do is the result of habits. All habits are learned...and that is good news!**

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We first form habits; then habits form us! On our road to success, if we don't consciously form good habits, we will unconsciously form bad ones. So we form habits both unconsciously or consciously. Habits are not instincts; they are acquired reactions. They don't "just happen"; they are caused. What we continue to do over and over again becomes a habit. Our lives become the sum total of our habits. Once you have determined the original cause of a habit, it is within your power to either accept or reject it.

Every successful person has simply formed habits of doing things that failures dislike and will not do. It is just as easy to form the habit of succeeding as it is to succumb to the habit of failing. The harvest we reap in our lives is measured by the attitudes and habits we cultivate. Our habits can be the basis for success or failure. As such, they can predict the future. What you are doing now is what will determine your future.

Your behavior is based on the accumulation of all your experiences. Most of your actions and reactions are automatic, unconscious responses to the habits you have formulated over the years.

Bad habits can become major roadblocks to your success. Between "where you are today" and "where you want to be tomorrow" often stand the "habits you are bound by today."

Your habits keep you running in place. In the absence of some outside influence or a personal decision to do something different, your habits will keep you doing, reacting, and being the same as you've always been.

When habits become major obstacles to your happiness or performance, they must be discarded, completed or modified to bring them into line with your life.

Bad habits include being late for appointments or late in completing assignments. Successful people are always punctual and dependable. Successful people respect the time of others and keep their commitments.

For as he thinks in his heart, so is he.

**Proverbs 23:7 NKJV**

Bad thought patterns and habits can be very detrimental to your success. Whatever you think about continually you will create in your life. Negative, self-limiting thoughts hurt you more than almost anything else. You live in a mental world. Nothing physical around you has much meaning except the meaning you give it with your thoughts. If you can change your way of thinking, you can change your results.

Habits are only good as long as they serve your purpose. Good habits should continually enrich and improve your life. Success and failure, happiness and unhappiness, are largely the result of habit. A good life is the result of automatic ways you respond and react to what's going on around you.

Habits that are no longer consistent with your life purposes must be changed.

Changing bad habits is essential to the quality of your life. Unless you have already reached some level of excellence or perfection, you are right now—today—living with one or more (or maybe one hundred or more) habits that should be discarded. Bad habits are easy to form—many just form automatically by default. But bad habits are hard to live with.

Good habits are hard to form. They never form automatically. But good habits are easy to live with. Your number one priority should be to form good, purpose-fulfilling, goal-reaching habits. Don't be controlled by bad habits. Make good habits your master.

A very insightful proverb, whose author is unknown, says:

**Plant a thought, harvest an act.**

**Plant an act, harvest a habit.**

**Plant a habit, harvest a character.**

## **Plant a character, harvest a destiny.**

What about your regular habits? Do they lead to the blessing of God? Can God supernaturally provide for you based on your habitual acts? Are they principled, ethical, and biblically based?

Habits are often the basis for business success or failure. People form many habits, both good and bad, and they are the basis for the future. We can form habits unconsciously or consciously, and on our road to business success, we must keep this in mind. Every person who is successful has simply formed the habits of doing things God can bless.

The attitudes and habits we cultivate measure the harvest we reap in our lives. Blessed people can be found everywhere. Successful businesspeople are everywhere. They are not extraordinary people, although many have lived extraordinary lives. All have particular qualities in common. These are not qualities you inherit; rather you must develop them through education and hard work. It's not what happens to you that counts as much as how you react to what happens.

All blessed people pattern their personal and work lives after biblical principles, are productive and efficient in business, and actively seek the supernatural provision of God.